

## CHIAS SUPERFOOD ELIXIR

It is an ideal mix of superfoods and plant proteins in the form of a light snack. It is a burst of natural nutrients, of which, there is usually a shortage in our everyday diet, but which are essential for our health and beauty. You can consume it as a cocktail or as an addition to cereals or a smoothie bowl.

### HOW TO PREPARE

Add two scoops (45g) and add 250ml of your favourite milk to a shaker, water or juice, shake vigorously for about 30 seconds. Drink immediately.



Each variant is available in two volumes:  
sachet (1 portion) or tube (11 portions)

Chias is the first producer of food and drinks with chia seeds in Poland. We want to help people make healthy life choices by influencing their bodies and developing their minds and spirits. We motivate to attain goals.

# CHIAS

## ◉ SUPERFOOD ELIXIR ◉



 @chias\_eu

 CHIAS

 www.chias.eu | hello@chias.eu

## BEAUTY

Beauty Elixir contains ingredients which slow aging processes, efficiently fight free radicals, help enjoy young look longer and are rich in antioxidants. Superfoods Elixir Beauty is characterized by a high content of vitamin C, which helps protect cells against oxidative stress and contributes to the formation of collagen in order to ensure proper skin functioning.



One portion of **BEAUTY ELIXIR** provides **15g** of easily absorbed plant proteins

plant proteins, turmeric, acai, goji berry, hibiscus, malpighia, chia seeds, raspberry, beetroot

## SPORT

Sport Elixir is characterized by a high content of plant proteins, which contributes to muscle growth. Maca protects against anemia and due to the content of antioxidants, it helps to regenerate a lot faster after a strenuous training. Lucuma prevents inflammation, while baobab provides significant amount of calcium and potassium and reduces fatigue. A dose of natural caffeine and guarana stimulates to act.



One portion of **SPORT ELIXIR** provides **18g** of easily absorbed plant proteins

plant proteins, baobab, lucuma, coconut milk, maca, chia seeds, guarana, caffeine

## SLIM

Slim Elixir has been balanced in such a way, that it initiates your metabolism and reduces body weight with no loss in muscle tissue. Turmeric, cardamon and cinnamon support metabolism and accelerate digestion. Inulin - chicory fiber, suppresses appetite and serves as a natural probiotic. Cocoa provides magnesium and potassium, as well as improves well-being.



One portion of **SLIM ELIXIR** provides **20g** of easily absorbed plant proteins

maca, chia seeds, cocoa, lucuma, carob, inulin, cinnamon, turmeric, cardamon



VEGAN



LACTOSE FREE



NO SUGAR ADDED



GLUTEN FREE



GMO FREE



100% NATURAL